

# PrimeTime

the seniors issue:

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## Simple Life Seniors at Home

compiled by Helen Peterson

**H**ad enough of your home's eternal role as a junk collector?

There's a company that specializes in assisting Vancouver's families with clutter management, as well as offering downsizing and relocation support for seniors. **Good Riddance's** professional organizing solutions are designed to manage the struggle with clutter people neither have the time nor the patience to handle alone.

### Clearing Out?

Operated by Susan Borax and Heather Knittel, Good Riddance eliminates the high cost of clinging to unwanted, unorganized and often forgotten clutter. Instead, Good Riddance assists with creating sim-

ple, effective organizing solutions that harmonize with your style and budget. The company helps reduce the anxiety associated with getting organized because you won't have to face it by yourself.

They'll help you make those tough decisions concerning what to give away, what to sell and what to throw away.

Good Riddance also guarantees that what you keep will be stored, organized and accessible.

Is this you? Crammed into every drawer, closet, crawl space, and every corner of the attic, garage, storage locker and basement lies the result of a lifetime's accumulation of worldly possessions.

The worst part of hanging on to clutter, including time wasted in pursuit of lost objects, is the inability to have the things you truly want, because you have no room for them. Simply put, if you rid yourself of the unwanted, you make space for the desirable.

### Moving Out?

Good Riddance focuses on the specific needs of seniors, who are often faced with moving from a home in which they have resided for many years, at a time in their lives when they may be experienc-



ing reduced physical performance.

Whether an individual chooses to remain in his or her current residence or relocate a retirement

community, Good Riddance provides the know-how and decision support to organize any home for maximum convenience, comfort and safety. Their staff

is dedicated to helping families decide what do to with memories that span a lifetime.

If you're downsizing any time soon, Good Riddance can help relieve the stress that seniors and their families have, associated with making major changes dictated by this stage of life.

Click on [www.goodriddance.ca](http://www.goodriddance.ca) or call 604-421-5952 to book a complimentary consultation (booking for mid-July onward).



## Space to Space

Good Riddance helps to assess your requirements, like:

- Do you have sufficient closets, cabinets, shelving and other storage to accommodate your possessions?
- Will you need to buy or have built additional storage capacity?
- How will you decide what you want to keep?
- What items are saleable? Where and how can they be sold?
- How will you arrange for pick-up of items for donation to charity or recycling?