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Professional Organizing Solutions

Looking for a dynamic program for your next event or meeting?

Call Good Riddance to book workshops that literally change lives!

Susan Borax and Heather Knittel are the founders of Good Riddance Professional Organizing Solutions, specializing in assisting families with the downsizing and relocation needs of aging family members. The two organizers have been featured speakers in a variety of Vancouver and Seattle area locations including:

- Evergreen Hospital Medical Center's Community Education Series, Kirkland Washington
- Ikea's Dine and Design Series, Richmond
- Be Organized Burnaby's Learn from the Experts series, Burnaby
- Fraser Valley Quilters Guild, Surrey
- North Shore Needleworkers, North Vancouver
- Lions Gate Quilters Guild, West Vancouver
- Valley Women's Network, Surrey
- Continuing Education Programs Langley, Richmond, West Vancouver and North Vancouver
- North Shore Librarians Conference, West Vancouver
- West Coast Women's Show, Abbotsford
- The She Show, Vancouver
- Royal Canadian Legion, Coquitlam
- Bonsor Recreation Center, Burnaby
- The Mature Women's Network, Vancouver
- Burnaby One-to-One Women's Network
- Balanced Healing, Burnaby
- Consign Home, Burnaby
- Dogwood Senior Center, Coquitlam
- Jewish Family Services, Vancouver
- Fraser Valley Health, Langley
- YWCA Downtown, Vancouver
- Canada Way Lodge, Burnaby
- The Terraces on 7th, Vancouver
- Albion Hall, Maple Ridge

Sample Workshop Descriptions

Our offerings can be delivered in a variety of formats ranging from a 45-minute keynote to a half -day workshop. Each one is can be tailored to your specific needs and audience. So whether you are looking to " make room to live well" for yourself, or you have a company or organization looking for a topical and entertaining presentation, do not hesitate to contact us.

Less is More: Providing Downsizing Support for Seniors

The need to downsize confronts older adults and the adult children that care for them. Moving to a smaller home creates a host of challenges, not the least of which is deciding what will fit in with the new life, both literally and figuratively. Even when electing to remain in the family home clutter poses challenges for health and safety. The workshop is designed to assist families with the downsizing and relocation needs of aging parents. It provides solutions for families with as to what do to with memories that span a lifetime. The workshop presents this transition as an opportunity for seniors to sort, value and organize their belongings, and distribute what is no longer needed or wanted. The benefits include a safer and healthier home where everything is accessible. Topics include

- Dealing with clutter
- Home Safety
- Relocation Considerations
- Making things easy to find
- How families can help
- Reducing moving expenses

A Leopard Can Change Its Spots

If you have trouble letting go of things, are always on a search-and-find mission, and your closet is filled with outdated clothes that don't fit, this is the one workshop you cannot afford to miss. Susan Borax and Heather Knittel of Good Riddance Professional Organizing Solutions help you to discover realistic ways to gain control of your living space. Their solutions are designed to assist people with managing the struggle they have with clutter that they are unable to handle alone. Susan and Heather help take the dread out of de-cluttering in this entertaining and informative session combining music, laughter and a no-nonsense approach to making room for living well! "A Leopard Can Change It's Spots" takes the position that the stuff you've been carrying around all your life doesn't have to drag you down forever. Open those boxes that have not seen the light of day since your last move – you have nothing to lose but your pain!

Downsize and Sell Your Home

In this workshop, Good Riddance Professional Organizing Solutions teams up with The Space Stager, AJ Veerman, home staging and decorating expert. Together they walk you through the steps associated with getting your home ready for resale. Learn how to create the kind of first impression that buyers find irresistible.

Workshop topics include:

- How to save on moving costs by divesting yourself of excess possessions
- How to turn clutter into cash
- Resources for donating the stuff you don't want
- How to edit your belongings to show your home for resale to its best advantage
- Simple, low cost techniques to enhance the appearance of your home
- How to create great curb appeal
- Learn to utilize what you already have to stage for your property for re-sale
- Play a de-cluttering simulation game

Good Riddance Professional Organizing Solutions can be reached at 604 421 5952 or goodriddance@shaw.ca or on-line at www.goodriddance.ca.

Making Room For Living Well