

**INSPIRED
SENIOR
LIVING
SPEAKER
SERIES**



**JOIN US FOR THIS INFORMATIVE AND
COMPLIMENTARY EVENT!**

**The UPSIDE to DOWNSIZING ... and beyond!
It's never too early to plan for your next adventure in life!**

WEDNESDAY, APRIL 11TH ~ 1pm to 3pm
**Hosted at The Delta Hotels Burnaby Conference Centre /
Grand Villa Casino**
4331 Dominion Street, Burnaby, British Columbia

SUSAN BORAX AND HEATHER KNITTEL, Practically Daughters

Don't Let Your Stuff Prevent You From Moving!

This presentation is designed to help individuals implement simple and practical downsizing strategies. It focuses on a supportive step by step process and resources available to help individuals reduce guilt, stress and conflict around the disposition of excess belongings through sale, donation and recycling.

Co-founders Susan and Heather are also the authors of *Good Riddance: Showing Clutter the Door*, and creators of the musical revue, *Cluttermania*.

They'll perform excerpts from their show where they've turned Standards and Broadway Classics into musical remedies for the organizationally challenged! Release your inner packrat through song - go home inspired!

CHARTWELL CARLTON RETIREMENT RESIDENCE

Hello Neighbour, We're Really Taking Shape!

Construction of the residence is well underway. Learn about the unique attributes of Burnaby's newest independent retirement community and gain a fuller sense of the type of lifestyle its residents can expect to enjoy!



LIMITED SEATING AVAILABLE, PLEASE RSVP:

Heather Goudreau • 604-839-4126 • hgoudreau@chartwell.com

Erin O'Kane • 604-839-4945 • eokane@chartwell.com

PRESENTATION CENTRE:

3787 Canada Way, Suite 110, Burnaby, British Columbia

CHARTwell.COM